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# Determination of Two Fenamates in Plasma by High-Performance Liquid Chromatography

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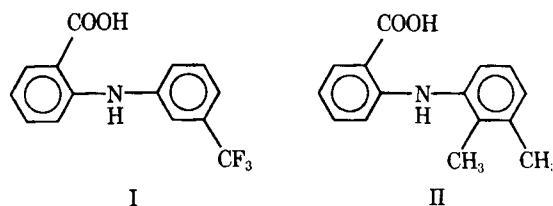
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**Abstract** □ A high-performance liquid chromatographic determination of two fenamates in human plasma is described. Plasma samples, 1.0 ml, to which 4 μg of internal standard had been added, were extracted with carbon tetrachloride under acidic conditions. Portions of the organic layer were transferred and evaporated to dryness under nitrogen. Residues were dissolved in methanol, and an aliquot was injected into the liquid chromatograph. An intermediate polarity, bonded cyanopropylsilane column was used with a mobile phase of water-acetonitrile-acetic acid (60:30:10 v/v/v). The flow rate was 1 ml/min, and the effluent was monitored at 254 nm. Flufenamic acid and mefenamic acid had retention times of 10.4 and 9.2 min, respectively. In the 1-10-μg range, the mean flufenamic acid recovery from control plasma was 100.7 ± 3.4% (n = 18). A typical calibration curve had a regression equation of  $y = 0.132x - 0.04$  with  $r^2 = 0.99$ . Preliminary stability tests showed that flufenamic acid is stable for at least 2 weeks in plasma after freezing.

**Keyphrases** □ Flufenamic acid—analysis, high-performance liquid chromatography, plasma, rats, humans □ Mefenamic acid—analysis, high-performance liquid chromatography, plasma, rats, humans □ High-performance liquid chromatography—analysis, flufenamic acid, mefenamic acid, plasma, rats, humans

Flufenamic acid<sup>1</sup> (I) and mefenamic acid<sup>1</sup> (II) are potent nonsteroidal analgesic and anti-inflammatory agents used in the management of rheumatoid arthritis. Spectrophotometric (1, 2), colorimetric (3), and fluorometric (2, 4, 5) methods have been applied for fenamate analysis in aqueous solution and in biological samples such as plasma, urine, and milk. A fluorometric method for the determination of I in the nanogram range used a chamber paper analysis apparatus (6). A convenient TLC technique was reported for screening three fenamates and their metabolites (7).

Only one GLC method (8) utilizing electron-capture detection has been reported. Although it was described for II, it could be adapted to the analysis of I in blood and



urine. However, details of the assay were not provided (8).

This article describes the high-performance liquid chromatographic (HPLC) determination of plasma fenamate levels. A single extraction step is followed by reversed-phase chromatography, eliminating the tedious and time-consuming procedures required by the previously reported methods (3, 7). Flufenamic acid and mefenamic acid can be internal standards for each other during either assay. The use of an internal standard improves both the precision and the accuracy of plasma level determination.

## EXPERIMENTAL

**Apparatus**—Fenamate analyses were carried out on a liquid chromatograph<sup>2</sup> equipped with dual-delivery pumps<sup>3</sup>, a single injector<sup>4</sup>, and a single-chamber UV absorbance detector<sup>5</sup>.

**Reagents**—Carbon tetrachloride<sup>6</sup>, acetic acid<sup>6</sup>, and sulfuric acid<sup>7</sup> were analytical reagent grade. Methanol<sup>8</sup> and acetonitrile<sup>8</sup> were distilled in glass. Solvents including distilled, deionized water were filtered routinely through 0.45-μm filters<sup>9</sup> prior to use in the liquid chromatograph.

<sup>2</sup> Model 204, Waters Associates, Milford, Mass.

<sup>3</sup> Model 6000A, Waters Associates, Milford, Mass.

<sup>4</sup> U6K, Waters Associates, Milford, Mass.

<sup>5</sup> Model 440, Waters Associates, Milford, Mass.

<sup>6</sup> Mallinckrodt, St. Louis, Mo.

<sup>7</sup> Eastman Kodak, Rochester, N.Y.

<sup>8</sup> Burdick & Jackson, Muskegon, Mich.

<sup>9</sup> Millipore Corp., Bedford, Mass.

<sup>1</sup> Provided by Parke-Davis and Co., Detroit, Mich.